## 2012 Scheme

QP CODE: 413003 Reg. No......

## Final Professional B.A.M.S Degree Supplementary Examinations May 2021

## **Panchakarma**

Time: 3 hours Total Marks: 100

- Answer all questions to the point neatly and legibly Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together Leave sufficient space between answers
- Draw table/diagrams/flow charts wherever necessary

Essays (2x10=20)

- 1. Explain the importance and application of panchakarma in positive health.
- 2. Explain the rationale behind "Basti as ardha chikitsa".

Short Notes (10x5=50)

- 3. Importance of koshta and Agni pariksha in Sodhana chikitsa.
- 4. The interrelation between Shadupakramas and Panchakarma.
- 5. Niragniswedas and their application in clinical practice.
- 6. Explain the preparation and indications of Tiktaksheera basti.
- 7. Indications and contraindications of Jalukavacharan.
- 8. Any five plants used for Avapeedan Nasya and their indications.
- 9. Step-wise protocol for administering Vamana Karma.
- 10. What is the importance of administering Samsarjana Krama after Vamana and Virechana.
- 11. Shirodhara procedure and its types based on dravya used.
- 12. Wax bath in physical medicine and its utility in clinical practice.

Answer briefly (10x3=30)

- 13. Why Ghrita is the best among Sneha dravyas.
- 14. Indications of Siropichu.
- 15. Indications of Dhanyamladhara.
- 16. Difference between Bhedana and Anulomana dravya with examples.
- 17. Basti netra doshas.
- 18. Management of epistaxis.
- 19. Pratimarsha nasya its benefits.
- 20. Dose of uttarabasti.
- 21. Pariharya kala for Virechan.
- 22. Assessment of Shuddhi of Vamana karma.

\*\*\*\*\*